

WESTMINSTER RESOURCES LTD.

PRESS RELEASE

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WMR #09-07

WMR-TSX.V

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Westminster grants share purchase incentive options

Westminster Resources Ltd. (the “Company”) (TSX-V: WMR) announces that it has granted 1,270,000 share purchase incentive options to directors, officers, consultants and employees of the Company. The options will be exercisable at \$0.35 per share and have an expiry date of May 14, 2014.

ON BEHALF OF THE BOARD OF DIRECTORS
WESTMINSTER RESOURCES LTD.

“Glen J. Indra”

For further information regarding Westminster Resources Ltd., please contact Greg Agar/Michael Dake at 604-608-0400, Toll Free: 1-877-608-0007 or visit our website at www.westminsterres.com.

This news release may contain forward-looking information which is not comprised of historical facts. Forward-looking information involves risks, uncertainties and other factors that could cause actual events, results, performance, prospects and opportunities to differ materially from those expressed or implied by such forward-looking information. Forward looking information in this news release may include, but is not limited to, the Company's objectives, goals or future plans. Factors that could cause actual results to differ materially from such forward-looking information include, but are not limited to, those risks set out in the Company's public documents filed on SEDAR. Although the Company believes that the assumptions and factors used in preparing the forward-looking information in this news release are reasonable, undue reliance should not be placed on such information, which only applies as of the date of this news release, and no assurance can be given that such events will occur in the disclosed time frames or at all. The Company disclaims any intention or obligation to update or revise any forward-looking information, whether as a result of new information, future events or otherwise, other than as required by law.

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